

WHY THE LAW OF ATTRACTION

DOESN'T WORK
(FOR MOST PEOPLE)



MICHAEL MACKINTOSH

**Why The Law of Attraction
doesn't work for most people
(and what YOU can do to
manifest anything your heart
truly desires)**

By

Michael Mackintosh

Most people are NOT manifesting what they want

If your life is not exactly as you'd love it to be and if you've been struggling to manifest your dreams, you are not alone. Look around.

How many people do you know who have tried to use the law of attraction but don't have the life they want?

How many people do what they love every day?

How many are truly happy?

Probably not many. I've personally spoken to hundreds of people about why the law of attraction is not working for them. I've taught thousands of people in our courses. And I can assure you that very few people understand the deeper workings of manifestation. Even worse—most people have experienced *negative* side effects from attempting to make the law of attraction work for them. Their lives have actually become worse and they have a nagging feeling that they are not as far along the path as they should be. They always want something they don't have now and are rarely happy with their life the way it is, today.

Be warned: The traditional law of attraction teachings (if taken literally) can screw up your life and leave you with nightmares from shattered and distorted dreams. They have half-dreams and nothing to show for them. Their experiences are like the movie 'The Fly' in which a man is teleported in a machine with a stray fly and when he is re-materialized he has become half man, half fly. If you get these techniques wrong they are worse than having done nothing. Disappointment is a heavy burden. Without the other secrets I'm going to share with you, the law of attraction can be lethal.

I had to learn this the hard way myself. In 2006 I was trying to use the law of attraction to create my dream life - but I was depressed, lost, confused and broke. It simply wasn't working and the harder I tried, the worse my life got. After about 14 months of trying it I found myself so distressed that I lay in the middle of a field crying and hoping I'd die because my life was so painful.

Finally I discovered the secrets I'm about to share with you and my whole life changed. Within 6 months of applying these methods I was

living my dream life on the paradise Island Kauai, Hawaii. To this day I live here, now with my sweetheart. We have an awesome home with amazing views, surrounded by world class beaches in all directions. I spend my days doing what I love and getting paid. Since I arrived here things have just gotten better and better. And now I feel so deeply blessed by life that it is my mission to serve as many people as possible to create their *real* dream life – and to discover the tools that really work. I now help entrepreneurs and people who want to make a positive impact to create the life they love as they serve the world.

It is my honor and joy to connect with *you!* You are amazing and you have limitless possibilities inside of you!

So let's get started with you and with creating your dreams. To begin, we need to know a little history of the popular law of attraction teaching and where things may have gone wrong. We will then focus on the things that will turn it all around for you so you can create a life you truly love.

Where do Ineffective Law of Attraction teachings come from?

Unless you've been living under a rock, you've either seen or heard of "The Secret," a film produced by Prime Time Productions in 2006. Most people first encountered the teachings in this film and its written counterpart. Abraham Hicks, however, claims to be the first to describe the law of attraction teachings. In any case, as you know—the essence of the law of attraction is simple.

The basic idea is:

Everything you want may be attained by seeing, feeling & believing that you will receive the outcome, by consistently thinking about it, and by maintaining positive emotional states to "attract" it.

Or in simpler terms:

Ask — Believe — Receive.

These teachings are now so common in our community that many of us take them for granted. If you want a car, for example, you may think that

you just need to imagine, feel and believe you have the car regularly – and stay happy overall – and the car will soon show up in your life for you to drive. This idea, this traditional version of the theory sounds good. But let us see what is really going on. Let's find out what is missing. Let's discover how you can *truly* create the life and experiences your heart desires – even if you've not had success in the past.

To begin, let's get real and be totally honest. Nearly everyone has had some occasional experiences of success with this traditional Law of Attraction method (*Ask — Believe — Receive*). However, we must ask ourselves, has this method consistently worked in a way that is reliable, guaranteed and free of hidden problems? And, have we seen it work successfully for others who have tried it? In short, is this the real deal, or are their other factors at play that may actually be even more powerful?

This book shares the difference between the limited traditional methods and the deeper, more secret aspects of conscious creation that are rarely spoken of or understood.

What really happens when people apply the traditional Law of attraction methods?

The theory sounds great. *Ask — Believe — Receive*. Unfortunately, many people who have tried this method in their lives have either:

1. Had inconsistent success (and not been able to rely on the method or know what they did that made it work or not work)
2. Not manifested the things they wanted (and often ended up feeling disempowered, disappointed, depressed or in debt from what was meant to be an empowering process)
3. Manifested the things they wanted, only to realize they didn't really want them (and faced a whole array of unforeseen problems that actually made their life considerably worse than before)

4. Not been able to apply the methods because their mind was all over the place and they have not been able to stay in a positive state

In this short book, you will discover the missing secrets in 'The Secret.' You will learn what you can do to truly manifest your heart's desires - consistently, with maturity, and with deep understanding.

My aim is to supply you with all you will ever need to attain your heart's true desires. It is for you to never again wonder what you are doing wrong and your manifestation process is not working. Once you uncover these eternal truths and master yourself, you can sit on the seat of a master creator. You will have the ability to command the power of the universe to yield to you whatever is pure and true to your heart.

I have personally used these methods to manifest a profoundly beautiful, loving, abundant life here in Hawaii, where I now write to you. Not only have I created physical wealth and its expressions, but more importantly I have experienced spiritual wealth, loving relationships, health, energy, joy and the ability to make a significant contribution to the world. I owe my

success in life to the application of these 3 secrets and it is my joy to reveal them to you so you can go ahead and be all you were born to be.

The 3 Missing Secrets BEHIND the Law of Attraction

To begin, I want to acknowledge that the traditional LOA teachings are not wrong, they are just incomplete - and when used with the understanding of these 3 secrets, you will be able to create whatever you truly desire in life. The traditional methods are about 10-20% of the conscious creation puzzle. This book will give you the remaining 80-90% you were not told about so you can apply it in your life.

These secrets are eager to be revealed. They are available for all who are willing to see. I call them secrets because they are rarely disclosed by those who teach the law of attraction. You deserve to know what they

are. So, if you are tired of not experiencing the life you want, let's get to it and start filling in the gaps.

Missing Secret 1:

Not all desires are the same...

This first secret was alluded to in the title of the book. In the traditional LOA teachings, it is mentioned that whatever you *want* you can have if you focus on having it enough, feel good about having it and generally stay in positive emotions. Unfortunately, the alarming problem with this teaching is the word ‘want’. Why? Because not everything we “want” is truly what we really, deeply and honestly desire on a soul level. In fact, most of the things we think we want will never bring us any real happiness and fulfillment at all. Worse still, even if we do manifest our lower desires, they will materialize along with a disturbing progeny of unexpected complications, suffering, frustrations, depression and even bankruptcy in some cases.

There is an enormous difference between your ego/mind-based set of limited desires – and your heart’s pure, true desires. Your heart’s desires come from your soul and are divinely ordained. The energy between these two kinds of desires couldn’t be further apart – and most LOA

teaching do not make any distinction between them. People may be led blindly to create lives that they end up hating, and they have experiences or relationships that they would be happier without. Not all desires are made equal! Be careful what you ask for!

What happens when you try to manifest your mind/ego desires?

First, if you try to manifest limited desires of your mind, you will probably **easily give up** as soon as you encounter a problem or obstacle. You find yourself giving up because weak, superficial desires lack power and true motivation to withstand the challenges of life. Many people fail and end up feeling disempowered because in their heart of hearts they didn't want these ego desires deeply enough to follow through with them amidst challenges. Sadly, after abandoning the new car, new house or whatever their superficial desire, most people just go away feeling weaker than before. They never take the time get clear on what they truly desire, they remain stuck, and they feel even more lost.

The second common outcome, if you let the ego drive the bus of your life, and if you are trying to manifest from your mind, is that upon arriving at your destination, you find yourself fraught with endless problems and dramas. Relationship issues, health problems, depression, addiction, financial problems-- you name it. It is ironic that many of those involved in the movie 'The Secret' ended up in nasty legal squabbling – rather than being in joy, bliss and abundance that the film claims to be about.

Warning!

It is essential that you only consciously ask and focus your attention on your heart's pure desires or you will end up disempowered, fraught with unexpected problems, or both. And until you are clear, just be happy, relax, and keep asking for guidance on what is the highest good for all.

What happens when you manifest your heart's pure, true desires?

You are an eternal being of love, peace, purity, power and bliss. You already HAVE everything right now. The purpose of spiritual evolution is simply to remove the blocks to that which you already are and to serve others from your heart.

As you open yourself to the truth about your eternal nature and meaning of life, and as you take time to be in silence, contemplation and meditation, you will connect with your heart's true desires.

Here are some questions you can use to discover your heart's true desires:

Imagine you are in your highest state. What would be the highest physical manifestation of your inner nature?

What is 'the highest good for all' in terms of your life path?

At the end of your life, what would you love to be known for?

Which life situations would bring you joy, again and again and again?

What is the greatest level of heart-felt service you could do?

If you had never watched TV, or been exposed to any advertising and social brainwashing, what would you truly desire?

Write down whatever comes to you. And keep asking these questions until your HEART feels fully engaged, warm and excited. When you smile from your soul and your heart is ablaze, you know you've discovered your heart's true desires. Note: your heart's true desires will always be related to sharing your gifts, serving others and making a difference. Money, abundance and love come as a consequence of you living your heart's true desires. You can't chase money and love! They are an automatic result of your connecting with your deeper, heart-felt desires and of your service to others.

Until you get to the level of inspiration I just described, keep asking these questions. Don't bother trying to manifest things that are from your ego. It is a waste of time and energy. Have patience and you will hear your heart. And, keep focused on the other secrets you are learning here.

Missing Secret 2:

What is Your Level of Consciousness?

It's myth-busting time! A huge myth in the new age movement is that everyone has a similar capacity to manifest things if they simply apply the traditional methods. If you look around, you can clearly see this is not true. Some people manifest seemingly effortlessly and others, despite all their hard work, never seem to manifest or change anything.

The reason behind this discrepancy is that each individual has a distinct level of consciousness. According to Dr. David Hawkins, who is one of my favorite contemporary spiritual teachers and an inspiration to many others, each of us is born with a calibrate-able level of consciousness. Dr. Hawkins created a logarithmic map of consciousness from 0 to 1000. The higher your level of consciousness, the more power you have. What this means for you is that the more power you have, the easier it is to attract

and manifest things. This is the real secret to manifestation. It is not a technique but a state of being.

For example, someone whose level of consciousness is 50 (the level of apathy) simply does not have the power to feel good, to think positively and to attract new things. They simply are not able to apply the LOA even if they wanted to—no matter how easy it may sound to someone else. Just as most people cannot easily lift 105KG weights like professional weight lifters, few people have the power to understand and manifest their heart's true desires.

On the other side of the scale, someone with a level of consciousness 575 (Level of ecstasy and *siddhis*) is living in a completely different world with entirely different possibilities. On this level, Hawkins teaches, it is as if there is a constant and endless flow of profound manifestation far greater and more amazing than anything mentioned in 'The Secret' or other LOA teachings. At this level of consciousness, one has reached a state where he or she has attained *siddhis*, or special abilities, which are mentioned in many ancient Indian teachings. This level is a state before enlightenment. It is one of power, prowess, strength, ability, and a special

kind of psychic and supernatural, miraculous, occult power. And at this level of consciousness, life is nothing short of a series of constant miracles & synchronicities that happen spontaneously and automatically.

Even Abraham Hicks, one of the main proponents of the LOA teachings, stated: “That which is like unto itself is drawn”. His words do makes sense in the context of the levels of consciousness. In essence, another way to redefine that Law of Attraction is to say that whatever state we have BECOME is what we will attract.

What this effectively means is that it is NOT the method that can be applied to manifest that is going to work. Rather, we attract that which we have actually become as conscious beings.

To know that the Law of Attraction methods simply doesn't work for everyone may come as a bit of a shock to some people – because we've been taught to believe that these methods will work for us all. The sobering truth is that the real secret to the law of attraction is the level of consciousness of the person doing it. The higher your level of

consciousness, the more power you have to manifest your hearts desires.

How can you ascend in your level of consciousness?

There are 3 main things that will support you in increasing your level of consciousness (I share more about this on my website)

1. Be humble.

Realize that your ego is limited, doesn't know everything, and is not always right. Once you accept that you are a student of life-- that being loving and kind is more important than being right or holding onto beliefs – you open yourself to higher energies that can then raise your level of consciousness.

2. Surrender to God/The Divine.

It's important not to get caught up in words here as we talk about God. There is an energy that is infinitely powerful and pure, that has the

power to burn through the clouds that shield us from our true power and liberate us from all our suffering, confusion and anxiety. This being is here to remove the clouds in our life. As you humbly choose to let go, to surrender the limited ego side of you to The Divine, to release old ideas, to forsake old resentments, negative habits and being right, you begin to open up to an enormous power. This power purifies your soul and raises your level of consciousness. Simply be humble and be aligned with this energy. And watch as your life naturally improves.

3. Be loving to all life.

The ego-self is selfish and greedy. As your consciousness ascends and as you come into your power, your life becomes aligned with service and loving others. Transcending the ego's wants and fulfilling your heart's true desires will bring you more than the momentary joy of serving. In fact, as you serve others from your heart ,all of your own human needs and desires for love, wealth, and health will be fulfilled (even without wishing for or focusing on those specific outcomes).

Missing Secret 3:

It's the opposite of what you'd expect

We have arrived at the final hidden secret. This secret is subtle and even counter- intuitive.

Recall the basic Law of attraction teaching, which guides you to *Ask — Believe — Receive* and suggests that *You can manifest whatever you think about most and believe you can have.*

From my own experience, the MAGIC moment, when things appear in my reality, is after I do the opposite of trying to think about what I want and try to believe that I already have it. Ironically, every time amazing things show up in my life it is after I have done the following:

- I. Clarified my heart's true desires

2. Surrendered to The Divine and felt so FULL inside myself that I honestly felt I didn't need anything.

3. Let go completely of any desire to have the things I want

At the point where I truly no longer want the thing on my mind, when I deeply, honestly and proudly feel complete and satisfied— it is at that moment that magic happens. Most often within 1 second to 24 hours amazing things show up. This always comes as a strange surprise because I had just given up wanting it completely and had no interest in it.

I have received large sums of money, amazing opportunities, business partners, cars, and more recently a very beautiful, sweet and intimate relationship with someone who I wasn't sure would even exist.

So the secret is again not about the wanting and trying, it is about the letting go, surrendering, and feeling truly full *without* having attained the desire. It is one thing to imagine you have a nice car and feel good because you are day-dreaming about the car – and quite another thing to

honestly feel content, happy and full with your life now regardless of any object, people or experiences. The secret is to feel the feelings of contentment and lightness for their own sake. You can surrender to God, to The Divine, for its own sake! This is a deep and profound secret that ironically will create more magic than you can imagine – but you can't do it if your motivation is to get stuff. Do it for its own sake. Really go deep and feel the power.

How to surrender and let go?

Once you've experienced yourself having attained whatever it is that your heart truly desires, imagine it in a bubble. Surrender that whole vision and possibility to The Divine. Allow it to float away and then let it go totally and completely. Really let it go as if it doesn't matter at ALL to you if it happens or not. Feel that IF it is destined to happen it will happen, if not it won't, and either way you will have surrendered to the best ever. It is all good. You are free. As you let go, feel how blessed you are already. Feel how your life is about service, and that whatever you can be and do to serve more is great. You are surrendered to the

highest good for all and are aligned with The Divine. You are a humble servant of life and life itself is a wonderful gift.

See and feel life as a cosmic entertainment. As you do this, you will feel a lightness and peace come over you. Breathe deep and allow yourself to relax. Be thankful for all of life and how rich you already are. You have already attained everything. Truly. You need nothing. You are complete. Smile on your world.

The 'Obvious' Bonus Secret

This book would not be complete without this bonus tip! One of the biggest complaints against the traditional LOA teaching is that you can simply sit on a chair all day, imagine you have a million dollars and the million dollars will show up in the mail. I think we all can tell how naive this approach is. It may be great for selling gimmicks, but useless in practice. Along with all the deeper and more subtle secrets we've shared – the final (and obvious) secret is:

TAKE MASSIVE ACTION!

ACT NOW! Make it happen! The Law of attraction simply will not work if you just sit on a chair and imagine things. You actually have to **DO** stuff! Once you've done all the inner work, you will start to get ideas, guidance, and opportunities arising. This is a sign that things are working. However, the next thing you need to do is **ACT ON THE INSPIRATIONS** you have received. Make the phone call. Meet the person. Book the flight. Buy that website name. Post that article. Send

the package. Whatever it is, just do it! And do it NOW, DO IT NOW, DO IT NOW!!! Be aligned on all levels, spiritually, mentally, emotionally AND physically. Act now and make it happen. Your action is an essential part of the process.

If you add this last step, you now have all the tools you could ever need to create a truly happy, loving, remarkable, fulfilled and beautiful life. All these steps combined have allowed me to create the life I love, doing what I love and serving the world.

May your days be full of inner peace, smiles and laughter as you become who you were born to become. Bless the world with your life. Surrender to the highest good for all and live the miracle.

Aloha from Hawaii

Michael Mackintosh

Call to evolution

1. Ask yourself the questions in this book to discover your heart's true desires (so you avoid attracting things that cause you problems and make sure you're attracting *only* your heart's true desires).

2. Focus most of your energy on ascending in your level of consciousness.

Click the link below for a 2 of the most powerful meditations ever made that will help you raise your level of consciousness

→ <http://atmapublishing.com/meditations/ascension-meditations/>

3. Apply the traditional LOA method of experiencing yourself in the NOW having attained your hearts true desires. See it feel it. Touch, taste and fully immerse yourself in the desired outcome. It is a done deal. Feel that you have already attained this outcome for a long time and it is normal. Get to this level of familiarity with your visions.

4. Let go all attachment to your desired goals and visions. Surrender to The Divine. Be aligned with whatever is the highest good for all. Be free.

5. Whenever you get ideas related to your heart's true desires - act!

Don't just sit around waiting. If you have ideas, make them happen!

6. Repeat the process with higher levels of humility, and surrender to

The Divine.

7. Invest time, money and energy in your evolution. The more you invest

in yourself the more you'll get back. Make sure your whole life is aligned

with your values, so that you bring all of your power on board and

ground in your heart's true desires.

You are amazing. You are powerful.

You can create the life you love.

Have the best day ever.

Chat soon

Michael

Kauai, Hawaii 2014

Ps. If you have not already gained access to the Ascension Toolkit – click the link below for free gifts:

<http://attaineverything.com/>.

You'll get over \$175 worth of powerful meditations, audios and videos to raise your vibration and increase your ability to manifest what you want (for real).